



<u>info@westcoastreflexology.com</u> www.westcoastreflexology.com

## **Core + Certified Foot Reflexology Course Hours**

## **Pre - requisites**

Student must be 18 years of age or have completed high school.

## **Accredited Hours**

40 hours in class training

25 hours of home study

100+ hours of case studies (50 cases at 2 hours each – minimum requirement)

3 hours of review (during practicum - Mandatory)

3.5 hours of exams (one theoretical exam of 2 hours, one practical exam of 1.5 hours)

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171.5 hours total